

## ARTS &amp; CRAFTS

## Art Studio

Q81DRP431

**Tuesday 22 April 2025 | 9.30am - 11.30am | 10 weeks****Philip Maurant Centre | Lisa MacDonald****Price: £152**

For students who have some art experience but who would like the space to explore their creativity further. The course builds skill levels in drawing and painting but also experiments with different media and approaches. Every term is different and reactive to the needs of the students taking part. The tutor aims to help each student become more confident in their art practice, be encouraged to find new approaches to their work, and flex that creative muscle in a supportive fun environment. Students will take home their work throughout the course.

## Art Studio

Q81DRP432

**Wednesday 23 April 2025 | 7.00pm - 9.00pm | 10 weeks****Philip Maurant Centre | Lisa MacDonald****Price: £152**

For students who have some art experience but who would like the space to explore their creativity further. The course builds skill levels in drawing and painting but also experiments with different media and approaches. Every term is different and reactive to the needs of the students taking part. The tutor aims to help each student become more confident in their art practice, be encouraged to find new approaches to their work, and flex that creative muscle in a supportive fun environment. Students will take home their work throughout the course.

## Crochet for Beginners

Q81CRO133

**Tuesday 22 April 2025 | 6.45pm - 8.45pm | 8 weeks****Philip Maurant Centre | Hazel McLaren****Price: £152**

For beginners or those with minimum crochet skills. In this eight-week course, students will gain an understanding of yarn, tools and techniques for crochet. Students will learn the four basic stitches as well as pattern and chart reading. In the final weeks of this class a selection of seasonal projects will be available to choose from. Cost of materials for classwork is included. Students will take home their creations at the end of the course.

## Crochet for Beginners

Q81CRO131

**Thursday 24 April 2025 | 1.00pm - 3.00pm | 8 weeks****Philip Maurant Centre | Hazel McLaren****Price: £152**

For beginners or those with minimum crochet skills. In this eight-week course, students will gain an understanding of yarn, tools and techniques for crochet. Students will learn the four basic stitches as well as pattern and chart reading. In the final weeks of this class a selection of seasonal projects will be available to choose from. Cost of materials for classwork is included. Students will take home their creations at the end of the course.

## Crochet for Intermediates

Q81CRO231

**Wednesday 23 April 2025 | 6.45pm - 8.45pm | 8 weeks****Philip Maurant Centre | Hazel McLaren****Price: £152**

For those students who are at the intermediate level. In this eight-week course, students will improve their understanding of yarn, tools and techniques for crochet. Students will revise the four basic stitches as well as pattern and chart reading. By the end, students will have the confidence to complete a project, incorporating a new technique. Cost of materials for classwork is included. Students will take home their creations at the end of the course.

## Crochet for Intermediates

Q81CRO232

**Thursday 24 April 2025 | 9.45am - 11.45am | 8 weeks****Philip Maurant Centre | Hazel McLaren****Price: £152**

For those students who are at the intermediate level. In this eight-week course, students will improve their understanding of yarn, tools and techniques for crochet. Students will revise the four basic stitches as well as pattern and chart reading. By the end, students will have the confidence to complete a project, incorporating a new technique. Cost of materials for classwork is included. Students will take home their creations at the end of the course.

## Drawing for Beginners

Q81DRW131

**Wednesday 14 May 2025 | 7.00pm - 9.00pm | 8 weeks****Philip Maurant Centre | Julia Coutanche****Price: £152**

This course is for students with little-to-no previous drawing experience. Over the eight-week course, students will gain a solid foundation in drawing. Students will learn the basic of light and tone; shape and line; textures, composition, perspective and measuring. By the end of this course, students will have experience and confidence in drawing natural objects, still life and the human figure using pencils, chalk, charcoal and pastels.

## Drawing for Beginners

Q81DRW132

**Wednesday 23 April 2025 | 9.30-11.30am | 10 weeks****Philip Maurant Centre | Lisa MacDonald****Price: £152**

This course is for students with little-to-no previous drawing experience. In this 10-week course, students will gain a solid foundation in drawing. Students will learn to use light and tone; shape and line; textures, composition, perspective and measurement. By the end of this course, students will have confidence in drawing natural objects, still life and portrait using pencil, ink and charcoal.

## Drawing &amp; Painting for Intermediates

Q81DRP231

**Tuesday 22 April 2025 | 1.45pm - 3.45pm | 10 weeks****Philip Maurant Centre | Barbara Jackson****Price: £152**

For students who have basic experience in watercolour painting and drawing techniques. In this ten week course students will continue to build their confidence in a variety of mediums and techniques with their tutor introducing new methods to help improve their drawing and painting skills.

## Drawing &amp; Painting for Intermediates

Q81DRP232

**Thursday 24 April 2025 | 10.00am - 12.00pm | 10 weeks****Philip Maurant Centre | Barbara Jackson****Price: £152**

For students who have basic experience in watercolour painting and drawing techniques. In this ten week course students will continue to build their confidence in a variety of mediums and techniques with their tutor introducing new methods to help improve their drawing and painting skills.

**Fee Concession:**

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.

## ARTS &amp; CRAFTS CONTINUED

**Drawing & Painting Advanced****Q81DRP331****Thursday 24 April 2025 | 2.00pm - 4.00pm | 10 weeks****Philip Maurant Centre | Barbara Jackson****Price: £152**

For students who have completed other art courses. During this ten-week course students will continue to improve on their skills in drawing and painting with a variety of mediums including watercolours, gouache, pencils, pastels, pens etc. The tutor will provide assistance with techniques to boost confidence and artistic ability.

**Jewellery Making for Beginners - Level 1****Q81JWY131****Wednesday 23 April 2025 | 2.00pm - 4.30pm | 10 weeks****Philip Maurant Centre | Aida de la Herran****Price: £285**

For students with little-to-no prior jewellery making experience. In this 10-week course, students will learn the basic skills in jewellery making: piercing, sawing, filing, forming, texturing, soldering and polishing. Students will work in silver to create a simple ring, pendant and earrings. Cost of materials is included in the fee. Students will take home their creations at the end of the course.

**Jewellery Making for Beginners - Level 1****Q81JWY132****Wednesday 23 April 2025 | 6.30pm - 9.00pm | 10 weeks****Philip Maurant Centre | Aida de la Herran****Price: £285**

For students with little-to-no prior jewellery making experience. In this 10-week course, students will learn the basic skills in jewellery making: piercing, sawing, filing, forming, texturing, soldering and polishing. Students will work in silver to create a simple ring, pendant and earrings. Cost of materials is included in the fee. Students will take home their creations at the end of the course.

**Jewellery Making for Beginners - Level 2****Q81JWY231****Tuesday 22 April 2025 | 2.00pm - 4.30pm | 10 weeks****Philip Maurant Centre | Aida de la Herran****Price: £285**

For students who have taken Jewellery Making for Beginners - Level 1. In this 10-week course, students will further develop the basic skills in jewellery making: piercing, sawing, filing, forming, texturing, soldering and polishing and learn new techniques: bezel setting, chain making, cold connections. Students will work in silver to make prong settings, a chain and other pieces using the skills learned. Cost of materials is included in the fee. Students will take home their creations at the end of the course.

**Jewellery Making for Beginners - Level 2****Q81JWY232****Tuesday 22 April 2025 | 6.30pm - 9.00pm | 10 weeks****Philip Maurant Centre | Aida de la Herran****Price: £285**

For students who have taken Jewellery Making for Beginners - Level 1. In this 10-week course, students will further develop the basic skills in jewellery making: piercing, sawing, filing, forming, texturing, soldering and polishing and learn new techniques: bezel setting, chain making, cold connections. Students will work in silver to make prong settings, a chain and other pieces using the skills learned. Cost of materials is included in the fee. Students will take home their creations at the end of the course.

**Jewellery Making for Beginners - Level 3****Q81JWY423****Thursday 24 April 2025 | 2.00pm - 4.30pm | 10 weeks****Philip Maurant Centre | Aida de la Herran****Price: £285**

For students who have completed Levels 1 and 2 or have ample previous experience soldering. In this 10-week course students will learn to bezel set different shaped stones (pear, marquise, trillion), tube set faceted stones and explore clasp making. Cost of materials is included in the fee. Students will take home their creations at the end of the course.

**Jewellery Making for Beginners - Level 3****Q81JWY424****Thursday 24 April 2025 | 6.30pm - 9.00pm | 10 weeks****Philip Maurant Centre | Aida de la Herran****Price: £285**

For students who have completed Levels 1 and 2 or have ample previous experience soldering. In this 10-week course students will learn to bezel set different shaped stones (pear, marquise, trillion), tube set faceted stones and explore clasp making. Cost of materials is included in the fee. Students will take home their creations at the end of the course.

**Painting for Beginners****Q81PAI131****Friday 25 April 2025 | 9.30am - 11.30am | 10 weeks****Philip Maurant Centre | Lisa MacDonald****Price: £152**

This course is for students with little-to-no previous painting experience. In this 10-week course, students will work with either watercolours or acrylics. Using still life, natural objects and other stimuli, students will explore techniques to create some engaging compositions. By the end of the course, students will be more confident in working with paint. Students will take home their creations throughout the course.

**Patchwork and Quilting for Beginners****Q81PAQ131****Monday 28 April 2025 | 1.00pm - 3.00pm | 10 weeks****Philip Maurant Centre | Mary Dunford****Price: £162**

For students with little-to-no prior patchwork and quilting experience. By the end of this 10-week course, students will have learned some quilting techniques and completed some patchwork blocks that can be used as part of a sampler quilt. Students should bring a general sewing kit, a selection of fabrics and three different colours of scrap material for the first week.

**Patchwork and Quilting for Intermediates****Q81PAQ231****Thursday 24 April 2025 | 1.00pm - 3.00pm | 10 weeks****Philip Maurant Centre | Mary Dunford****Price: £162**

For students who have taken Patchwork & Quilting for Beginners or its equivalent. By the end of this 10-week course, students will work towards completing an advanced sampler quilt using more complicated patchwork blocks and quilting methods. Students should bring a general sewing kit, a selection of fabrics and three different colours of scrap material for the first week.

**Fee Concession:**

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.

## ARTS &amp; CRAFTS CONTINUED

**Pottery for Beginners****Q81PTY131****Thursday 24 April 2025 | 6.00pm - 8.30pm | 10 weeks****Highlands College | Heather Barette****Price: £280**

This course is strictly for students with no previous pottery experience. This is a 10-week course in which students will learn clay preparation, pinch pots, coil pots and slab pots to get them comfortable with the medium. They will learn to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. At the end of this course, students will be able to display confidence in basic hand-built pottery. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Beginners****Q81PTY132****Friday 25 April 2025 | 1.00pm - 3.30pm | 10 weeks****Philip Maurant Centre | Heather Barette****Price: £280**

This course is strictly for students with no previous pottery experience. This is a 10-week course in which students will learn clay preparation, pinch pots, coil pots and slab pots to get them comfortable with the medium. They will learn to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. At the end of this course, students will be able to display confidence in basic hand-built pottery. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Intermediates****Q81PTY231****Wednesday 23 April 2025 | 6.00pm - 8.30pm | 10 weeks****Highlands College | Heather Barette****Price: £280**

This course is for students who have completed Pottery for Beginners. In this 10-week course, students will build on previous knowledge of slab pots and will be using shapes and moulds to create vases and houses etc. They will learn wheel throwing and begin working on the pottery wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. At the end of this course, students will be able to display confidence in the use of the pottery wheel as well as hand-built pottery. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Intermediates****Q81PTY232****Saturday 26 April 2025 | 10.00am - 12.30pm | 10 weeks****Philip Maurant Centre | Heather Barette****Price: £280**

This course is for students who have completed Pottery for Beginners. In this 10-week course, students will build on previous knowledge of slab pots and will be using shapes and moulds to create vases and houses etc. They will learn wheel throwing and begin working on the pottery wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. At the end of this course, students will be able to display confidence in the use of the pottery wheel as well as hand-built pottery. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Intermediates****Q81PTY233****Monday 28 April 2025 | 6.00pm - 8.30pm | 10 weeks****Highlands College | Heather Barette****Price: £280**

This course is for students who have completed Pottery for Beginners. In this 10-week course, students will build on previous knowledge of slab pots and will be using shapes and moulds to create vases and houses etc. They will learn wheel throwing and begin working on the pottery wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. At the end of this course, students will be able to display confidence in the use of the pottery wheel as well as hand-built pottery. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Improvers (Studio)****Q81PTY431****Monday 28 April | 10.00am - 12.30pm | 10 weeks****Philip Maurant Centre | Raymond Ubsdell****Price: £280**

This course is for students who have completed Intermediate Pottery or the equivalent. In this 10-week course, students will create pottery in a studio setting with the guidance and assistance of their tutor. Students will create hand-built pots and pots on the wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Improvers (Studio)****Q81PTY434****Tuesday 22 April 2025 | 10.00am - 12.30pm | 10 weeks****Philip Maurant Centre | Raymond Ubsdell****Price: £280**

This course is for students who have completed Intermediate Pottery or the equivalent. In this 10-week course, students will create pottery in a studio setting with the guidance and assistance of their tutor. Students will create hand-built pots and pots on the wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Improvers (Studio)****Q81PTY432****Tuesday 22 April 2025 | 6.30pm - 9.00pm | 10 weeks****Philip Maurant Centre | Heather Barette****Price: £280**

This course is for students who have completed Intermediate Pottery or the equivalent. In this 10-week course, students will create pottery in a studio setting with the guidance and assistance of their tutor. Students will create hand-built pots and pots on the wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method [biscuit and glaze]. Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Fee Concession:**

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.



## ARTS &amp; CRAFTS CONTINUED

**Pottery for Improvers (Studio)****Q81PTY435****Wednesday 23 April 2025 | 10.00am - 12.30pm | 10 weeks****Philip Mourant Centre | Raymond Ubsdell****Price: £280**

This course is for students who have completed Intermediate Pottery or the equivalent. In this 10-week course, students will create pottery in a studio setting with the guidance and assistance of their tutor. Students will create hand-built pots and pots on the wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method (biscuit and glaze). Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Improvers (Studio)****Q81PTY436****Wednesday 23 April 2025 | 6.45pm - 9.15pm | 10 weeks****Philip Mourant Centre | Raymond Ubsdell****Price: £280**

This course is for students who have completed Intermediate Pottery or the equivalent. In this 10-week course, students will create pottery in a studio setting with the guidance and assistance of their tutor. Students will create hand-built pots and pots on the wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method (biscuit and glaze). Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Improvers (Studio)****Q81PTY437****Thursday 24 April 2025 | 10.00am - 12.30pm | 10 weeks****Philip Mourant Centre | Raymond Ubsdell****Price: £280**

This course is for students who have completed Intermediate Pottery or the equivalent. In this 10-week course, students will create pottery in a studio setting with the guidance and assistance of their tutor. Students will create hand-built pots and pots on the wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method (biscuit and glaze). Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Pottery for Improvers (Studio)****Q81PTY433****Thursday 24 April 2025 | 6.45pm - 9.15pm | 10 weeks****Philip Mourant Centre | Raymond Ubsdell****Price: £280**

This course is for students who have completed Intermediate Pottery or the equivalent. In this 10-week course, students will create pottery in a studio setting with the guidance and assistance of their tutor. Students will create hand-built pots and pots on the wheel. They will continue to glaze and decorate their own pots. All pots will be fired in the kiln with a two-fire method (biscuit and glaze). Students will take home their creations at the end of the course. Cost of materials is included in the fee.

**Upholstery for Beginners****Q81UPH131****Monday 28th April | 9.30am - 12.30pm | 10 weeks****Philip Mourant Centre | Mary Dunford****Price: £195**

In this 10-week course, students will learn basic traditional furniture upholstery techniques. By the end of the course, students will be able to cover a basic chair. Students should bring a small chair or equivalent to the first session, and a basic tool kit. Students will take home their creations at the end of the course.

**Upholstery for Intermediates****Q81UPH231****Thursday 24 April 2025 | 9.30am - 12.30pm | 10 weeks****Philip Mourant Centre | Mary Dunford****Price: £195**

For students who have taken the course for Beginners or its equivalent. In this 10-week course, students will learn traditional furniture upholstery techniques such as buttoning springs and buttoning. By the end of the course, students will be able to cover a small chair. Students should bring a small chair or equivalent to the first session, and a basic tool kit. Students will take home their creations at the end of the course.



## BUSINESS

**Cyber Security Basics for Business****Q81CSB131****Tuesday 22 April 2025 | 9.30am - 12.00pm | 8 weeks****Philip Mourant Centre | Peter Hopley****Price: £195**

Cybersecurity is the practice of protecting critical systems and sensitive information from digital attacks. This includes preventing unauthorised access to your devices and information, protecting against malicious software, and ensuring the integrity of hardware and software. This course covers the actions you need to take to protect your network, your devices, and the information stored on your network. It will be based on Windows operating systems and include practical exercises on how to configure, inspect, test, backup and restore systems and information.

**Event Planning and Management****Q81EVP131****Tuesday 22 April 2025 | 6.00pm - 8.00pm | 10 weeks****Highlands College | Adriana Silva****Price: £211**

For anyone who has an interest in creating impactful events. During this 10-week course, learners will create their own SMART objectives, learn how to allocate a budget, engage suppliers and sponsors, and put in place effective marketing plans to measure the impact of events. Using creative and digital tools, learners will design their own replicable model. Knowledge in computer use and Google drive are required to join this class.

**Fee Concession:**

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.



## BUSINESS CONTINUED

### Event Planning and Management

**Q81EVP132**

**Wednesday 23 April | 9.30am - 11:30am | 10 weeks**

**Philip Mourant Centre | Adriana Silva**

**Price: £211**

For anyone who has an interest in creating impactful events. During this 10-week course, learners will create their own SMART objectives, learn how to allocate a budget, engage suppliers and sponsors, and put in place effective marketing plans to measure the impact of events. Using creative and digital tools, learners will design their own replicable model. Knowledge in computer use and Google drive are required to join this class.

### Social Media for Business (Beginners)

**Q81SMB131**

**Thursday 24 April 2025 | 6.00pm - 8.00pm | 10 weeks**

**Highlands College | Adriana Silva**

**Price: £211**

This 10-session course is designed for people with little or no experience using social media and basic digital platforms. Participants will learn the basics of the most popular social media platforms and explore best practices for use in small businesses. Each session builds on the previous one, providing a comprehensive understanding of how to effectively use social media in a business context. For this course it is essential to have access to a personal computer and to have basic knowledge in its use.

## COOKERY

### Quick Curries

**Q81QCU131**

**Thursday 24 April 2025 | 6.00pm - 9.00pm | 10 weeks**

**Highlands College | Shubha Varma**

**Price: £252**

In this ten-week course, students will create flavourful Indian cooking for today's fast-paced life. During this course, students will learn the process of creating authentic curries from kneading homemade dough to cooking dishes that pair perfectly with chapattis and rice. Dishes include a range of chicken and vegetable dishes, and adjustments can be made to accommodate dietary requirements. Students will take home their creations at the end of each session. Pre-purchase of ingredients will be required.



## ENGLISH LITERATURE AND WRITING

### Armchair Travellers read World Literature

**Q81ATW131**

**Tuesday 22 April 2025 | 6.30pm - 8.30pm | 10 weeks**

**Highlands College | Dr Setara Pracha**

**Price: £205**

Take a trip without packing, as we explore texts from across the globe. Each week we consider a variety of authors, each one takes the reader somewhere far away from the here and now. These stories offer a taste of another culture - and you don't have need your passport! Materials are provided and no prior knowledge is necessary - although reading the text would add to the enjoyment.

### Into the Garden - A Literary Wander

**Q81ITG131**

**Thursday 24 April 2025 | 1.00pm - 3.00pm | 8 weeks**

**Philip Mourant Centre | Dr Setara Pracha**

**Price: £165**

This eight-week course invites you to step outside, into the spring and summer of literature, with a variety of texts on the theme of nature. From short stories to poetry, novels to newspaper columns, authors remind us of the beauties of our world, framed in words. No previous reading is necessary, extracts provided.



### Liberation Writing

**Q81LBW131**

**Saturday 26 April 2025 | 9.30am - 12.30pm | 1 session**

**Philip Mourant Centre | Dreena Collins**

**Price: £65**

Celebrating extra-'ordinary' islanders. From recipe books to hot-water bottles, this three-hour workshop considers how we can use everyday objects as inspiration in historical fiction. After an introduction to the subject, some short practice pieces and discussion, attendees will be invited to produce their own piece on the theme of The Liberation, inspired by a range of prompts.

### The Art of the Very Short Story

**Q81AWS131**

**Saturday 7th June 2025 | 9.30am - 12.30pm | 1 session**

**Philip Mourant Centre | Dreena Collins**

**Price: £65**

In this fun and accessible session, students will read, discuss, edit and write flash fiction. This session is open to all students who are interested in writing, no matter what their experience. Flash fiction is a form of creative writing where less means more. 500 words, 100 words, even 50 words. The very short story can be surprisingly powerful and fun to create. Writing flash can also hone students' editing and crafting skills. Please note this course is not eligible for any concessionary rates.

#### Fee Concession:

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.

## EXERCISE

### Beginners & Progressive Tap

**Q81TAP131**

**Monday 28 April 2025 | 7.45pm - 8.45pm | 9 weeks**

**Philip Maurant Centre | Vicky Phillips**

**Price: £97**

This class will cater for students who have previously undertaken tap classes as well as those with little or no tap-dancing experience. In this class, students will learn a variation of steps and techniques of tap dance. Students will learn fundamental footwork combinations and be introduced to routines of varying complexity. Students should wear comfortable clothing and tap shoes are required.

### Burlesque for Every Body

**Q81BUL132**

**Wednesday 23 April 2025 | 6.30pm - 7.30pm | 10 weeks**

**Philip Maurant Centre | Vicky Phillips**

**Price: £108**

Students will build confidence in their burlesque dance skills, learning the art of the tease. This is a gender-inclusive class for all to explore their saucy side in a safe environment while learning to dance to choreography provided by the instructor. Suggested clothing: shorts/hotpants, fishnet tights, danceable heels and a comfortable top (but athletic wear is also perfectly acceptable). All students should dress to their comfort level. This class is open to all.

### Burlesque for Ladies: After Dark

**Q81BUL131**

**Wednesday 23 April 2025 | 7.45pm - 8.45pm | 10 weeks**

**Philip Maurant Centre | Vicky Phillips**

**Price: £108**

For students who have taken a previous burlesque class. Students will improve confidence in their burlesque dance skills, perfecting the art of the tease with more risqué routines. This class is a friendly space for ladies to explore their saucy side in a safe environment while learning to dance to choreography provided by the instructor. Suggested clothing: shorts/hotpants, fishnet tights, suspenders, stockings, danceable heels and a comfortable top. All students should dress to their comfort level, but more daring burlesque attire is encouraged for this advanced class. This class is for women only.

### Clubbercise

**Q81CLB131**

**Tuesday 22 April 2025 | 6.30pm - 7.30pm | 10 weeks**

**Philip Maurant Centre | Sophie Pearson**

**Price: £108**

Clubbercise® is a fun, full-body workout with a banging soundtrack that gets great results and suits all fitness levels. Set to club anthems from 90s classics to the latest hits, classes and events are held in a darkened room with party lights and our trademark LED glow sticks. Easy-to-follow routines combine dance, toning and combat moves. Our mission is to help people get fit and keep fit in a fun and uplifting environment. Learners should dress in comfortable workout clothes and trainers.

### Freestyle Dance

**Q81FST131**

**Monday 28 April 2025 | 6.30pm - 7.30pm | 9 weeks**

**Philip Maurant Centre | Vicky Phillips**

**Price: £97**

This course is for those who love dancing. It will give students the opportunity to try different dance styles from Street to Musicals and help to expand their knowledge and ability. Throughout the course students will learn various routines in different styles which they will recap at the end of the term so they can see the progress made and decide on a favourite. Students should wear comfortable athletic wear to the first session.

### Vinyasa Yoga

**Q81YVY131**

**Tuesday 22 April 2025 | 9.15am - 10.15am | 5 weeks**

**Philip Maurant Centre | Tina Ellis-Brecknell**

**Price: £74**

A great class to start the day and week ahead. This class will focus on proper alignment with the use of blocks and straps, breath and meditation (relaxation /Savasana) and will help to build up core, balance and strength. This class is medium level and is a perfect aid to other sports such as golf, surfing and runners.

### Yogilates

**Q81YGL131**

**Tuesday 22 April 2025 | 10.30am - 11.30am | 5 weeks**

**Philip Maurant Centre | Tina Ellis-Brecknell**

**Price: £74**

This class is a combination of yoga and Pilates. At the end of the course, students will have learned how to gently lengthen and sculpt their body, increase core strength, improve posture, increase flexibility, reduce stiffness and relax. No previous knowledge of yoga or Pilates is necessary, and all levels are welcome.

### Yogilates

**Q81YGL132**

**Friday 2 May 2025 | 11.00am - 12.00pm | 10 weeks**

**Philip Maurant Centre | Elayne Cole**

**Price: £146**

This class is a combination of yoga and Pilates. At the end of the course, students will have learned how to gently lengthen and sculpt their body, increase core strength, improve posture, increase flexibility, reduce stiffness and relax. No previous knowledge of yoga or Pilates is necessary, and all levels are welcome.



#### Fee Concession:

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.



## GARDENING

### Introduction to Gardening

**Q81GRD131**

**Thursday 24 April 2025 | 6.30pm - 9.30pm | 8 weeks**

**Philip Maurant Centre | Jonathan Le Gresley**

**Price: £235**

In these classes we will be mainly looking at the garden and with the end of spring and its coming into summer the tasks involved around this time. Subjects will include digging, soil prep, sowing seed, veg, pruning, watering, plant and bed maintenance, pot displays and basic tool maintenance. We will also broach the subject of lawns, hanging baskets and an insight into basic garden design and planting plans. Some lessons can have a practical element to them so please bring your safety boots/shoes, gardening gloves and secateurs, as well as appropriate clothing if you would like to have a more hands on approach with the practical side of things. Practical's are not for everybody, and everyone learns differently so alternatively please feel free to observe and learn when these take place if you want to.



### Gardening for Intermediates

**Q81GRD231**

**Saturday 26 April 2025 | 9.30am - 12.30pm | 8 weeks**

**Philip Maurant Centre | Jonathan Le Gresley**

**Price: £235**

An intermediate Horticultural course for those with a basic knowledge of gardening and who wish to improve and build upon their existing knowledge. In these classes we will be mainly looking at the garden and with the end of spring and its coming into summer the tasks involved around this time. Subjects will include digging, soil prep, sowing seed, veg, pruning, watering, plant and bed maintenance, pot displays and basic tool maintenance. We will also broach the subject of lawns, hanging baskets and an insight into basic garden design and planting plans. Some lessons can have a practical element to them so please bring your safety boots/shoes, gardening gloves and secateurs, as well as appropriate clothing if you would like to have a more hands on approach with the practical side of things. Practical's are not for everybody, and everyone learns differently so alternatively please feel free to observe and learn when these take place if you want to.

### Gardening for Intermediates

**Q81GRD232**

**Tuesday 22 April 2025 | 6.00pm - 8.30pm | 8 weeks**

**Philip Maurant Centre | Steve Ball**

**Price: £195**

Dig a little deeper! This course will run over 8 sessions and is a follow-up to last year's course with Steve Ball. It will cover several of the core areas of gardening covered in the previous course but in more depth with emphasis on organic approaches and well being, and a look at areas not explored before, however it is still a stand alone introduction with no previous experience needed. Pruning, planting and propagation, some design principles and core skills. will be covered. There will be a practical element to each of the classes.

## HEALTH & BEAUTY

### Aromatherapy for Stress and Sleep

**Q81ATY132**

**Tuesday 10 June 2025 | 6:00pm - 8:00pm | 1 day**

**Highlands College | Natalie Devine**

**Price: £36**

Embark on a journey to relieve stress and sleeplessness with our Adult Education Aromatherapy Course! This engaging course offers an evening session dedicated to creating aromatherapy oil inhalers for relaxation and restful sleep. Explore the calming and soothing effects of essential oils, and learn how to blend them effectively for stress relief and improved sleep quality. Elevate your aromatherapy knowledge and skills in a supportive environment. Enroll now to experience the transformative power of aromatherapy for holistic well-being.

### Aromatherapy and Skin Care for Menopause

**Q81ATY131**

**Tuesday 3 June 2025 | 6:00pm to 8:00pm | 1 day**

**Highlands College | Natalie Devine**

**Price: £38.5**

Discover the holistic benefits of aromatherapy for menopause with our Adult Education Aromatherapy Course! In addition to learning about oils for menopause relief and creating aromatherapy oil inhalers, this course also covers skincare tailored for menopausal skin. Explore the rejuvenating properties of essential oils and how they can support your skin during this transitional phase. Join us for an enriching evening session and elevate your aromatherapy knowledge with practical skills for skincare and well-being.

### Couples/Friends Massage

**Q81MSG131**

**Tuesday 22 April 2025 | 6.00pm to 8.00pm | 4 weeks**

**Highlands College | Natalie Devine**

**Price: £135**

Join our Adult Education 4-Week Evening Fun Class and learn the art of performing a relaxing back massage on friends and family! This interactive course is designed to teach you the techniques and skills needed to provide a soothing and therapeutic back massage. Discover the benefits of touch therapy and how to create a calming atmosphere for your loved ones. Whether you're a beginner or looking to enhance your massage skills, this class is perfect for anyone interested in promoting relaxation and well-being. Enroll now and embark on a journey of learning and relaxation.

### Dipping into Drag

**Q81DRA931**

**Thursday 15 May 2025 | 6.00pm - 9.00pm | 1 week**

**Highlands College | Romano Pezzali**

**Price: £65**

This single-session workshop offers students a chance to experiment with makeup, fashion, wigs, accessories and attitude to find their drag identity. Makeup as well as some wigs, clothing, jewellery, accessories and shoes will be supplied, but students are encouraged to bring their own ideas. Please note this course is not eligible for any concessionary rates.

#### Fee Concession:

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.



## IT

**Computer and Online Essentials****Q81COE131****Friday 25 April 2025 | 10.00am - 12.00pm | 6 weeks****Philip Maurant Centre | Peter Hopley****Price: £120**

Want to get the hang of using computers and gadgets? The Computer & Online Essentials course is here to help you nail down the basics. We cover everything from managing files and apps, to understanding networks, finding info online, communicating digitally, and staying safe on the internet. This course is great for anyone who uses computers for specific tasks, and it's perfect for building up your tech skills whether you're at work or just tinkering at home. Even if you know a few common computer tricks, this course can boost your knowledge with handy tips on device settings, web browsing, and online communication.

**Cyber Security Basics for Business****Q81CSB131****Tuesday 22 April 2025 | 9.30am - 12.00pm | 8 weeks****Philip Maurant Centre | Peter Hopley****Price: £195**

Cybersecurity is the practice of protecting critical systems and sensitive information from digital attacks. This includes preventing unauthorised access to your devices and information, protecting against malicious software, and ensuring the integrity of hardware and software. This course covers the actions you need to take to protect your network, your devices, and the information stored on your network. It will be based on Windows operating systems and include practical exercises on how to configure, inspect, test, backup and restore systems and information.

**Internet and Social Media for Complete Beginners****Q81ISM131****Thursday 24 April 2025 | 10.00am - 11.30am | 10 weeks****Philip Maurant Centre | Adriana Silva****Price: £160**

This course is tailored specifically for those who wish to enhance their digital literacy and confidently navigate the internet and social media. Participants will learn how to use devices, access websites, and engage with social media platforms to connect with family and friends, access information, and participate in online communities. The course emphasizes practical skills, safety, and online etiquette to ensure a positive digital experience.

For this course it is essential to have a smartphone, tablet or personal computer in good working order. Please contact us in advance if you do not have one.

**IT Fundamentals for Professionals and Career Changers****Q81ITF131****Wednesday 23 April 2025 | 6.00pm - 8.30pm | 11 weeks****Highlands College | Peter Hopley****Price: £270**

This course is for students who would like to determine if a career in IT might be right for them or for students who would like a deeper understanding of Information Technology. At the end of this course, students will be able to display a competency in Information Technology. The course covers features and functions of common operating systems, establishing network connectivity, identifying common software applications and their purpose, using security and web browsing best practices. Students may choose to take the professional certification exam for the CompTIA ITF+ certificate after taking this course. Please note this 11-week course will run during half term.



## HISTORY / LOCAL INTEREST

**Digital Photography for Beginners****Q81DPH131****Tuesday 29 April 2025 | 6.30pm - 9.00pm | 10 weeks****Philip Maurant Centre | Colin Cruickshank****Price: £173**

For beginners only. Students will gain confidence in using their cameras in aperture and shutter priority mode. Students will explore the fundamentals of photography covering essential camera controls, light and composition as well as basic image editing. Students will need to bring along their own Digital SLR or Mirrorless camera and a laptop computer.

**Liberation 80th Anniversary - History Workshops and Guided History Walk****Q81LIB420****Wednesday 23 April 2025 | 6.30pm - 8.30pm | 3 weeks****Philip Maurant Centre | Ian Ronayne****Price: £75**

In May 2025, Jersey will celebrate the 80th anniversary of its liberation from enemy control during the Second World War. Most Islanders will be generally aware of the importance associated with Liberation Day and events shaping the preceding Occupation. This short local course presents the opportunity to gain a fuller understanding of both the major events of this period along with an exploration of some of its less well-known elements. Delivered by historian, tutor and tour guide Ian Ronayne, it will explore the Island's Second World War period through entertaining and interactive learning in the classroom and where the history happened.

By taking this course, you will:

- Learn the history of Jersey's Second World War and its Occupation
- Understand the impact of Occupation on Islanders
- Appreciate the importance of Liberation to our modern-day community

**Fee Concession:**

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.

## LANGUAGES

### French for Beginners - Level 1

**Q81FRE131**

**Tuesday 22 April 2025 | 6.30pm - 8.30pm | 10 weeks**

**Highlands College | Ann-Marie Pinto**

**Price: £141**

For students with little or no previous knowledge of the French language. At the end of this course, students will be able to compose simple sentences for everyday situations. In this 10-week course, students will cover topics such as alphabet, numbers, time, days, dates, food and drink, describing people and objects, daily routine, shopping and money. Sessions are fun, interactive and gently paced.

### Italian for Beginners - Level 1

**Q81ITA131**

**Wednesday 23 April 2025 | 6.00pm - 8.00pm | 10 weeks**

**Highlands College | Romano Pezzali**

**Price: £141**

For students with no previous knowledge of the Italian language. At the end of this ten-week course, students will have some basic vocabulary and be able to compose simple sentences for every day situations. Sessions are fun, interactive and gently paced.

### Italian for Beginners - Level 3

**Q81ITA132**

**Monday 28 April 2025 | 6.00pm - 8.00pm | 6 weeks**

**Highlands College | Romano Pezzali**

**Price: £95**

For students who have completed Italian Beginners - Level 2 or its equivalent. At the end of this six-week course, students will have some extended vocabulary and be able to compose simple sentences for every day situations. Sessions are fun, interactive and gently paced.



### Spanish Beginners - Level 1

**Q81SPA131**

**Monday 28 April 2025 | 6.00pm - 8.00pm | 10 weeks**

**Highlands College | Carla Figueirido**

**Price: £141**

For students with no previous knowledge of the Spanish language. At the end of this course, students will be able to compose simple sentences for everyday situations. In this 10-week course, students will cover topics such as alphabet, numbers, family, pets, food and drink, house and home, money, time, days, dates. Sessions are fun, interactive and gently paced.

### Spanish for Beginners - Level 2

**Q81SPA132**

**Wednesday 23 April 2025 | 6.00pm - 8.00pm | 10 weeks**

**Highlands College | Carla Figueirido**

**Price: £141**

For students who have completed Spanish for Beginners or its equivalent. In this 10-week course, students will cover topics such as questions and answers, times and dates, adjectives, food and drink, family and friends, house and home and things to do around town. At the end of this course, students will have more basic vocabulary and continue to compose simple sentences for every day situations. Sessions are fun, interactive and gently paced.

### Spanish for Intermediates

**Q81SPA231**

**Wednesday 23 April 2025 | 6.30pm - 8.30pm | 10 weeks**

**Highlands College | Miriam Taylor**

**Price: £141**

For students who have completed Spanish for Beginners - Level 2 or its equivalent. In this 10-week course, students will cover topics such as countries and nationalities, family and friends, physical descriptions, public transport, shops and town, communications [emails- telephone], clothes shopping and solving problems [practice contacting and explaining problems] At the end of this course, students will have more basic vocabulary and continue to compose simple sentences for every day situations. Sessions are fun, interactive and gently paced.

### Spanish Conversation

**Q81SPC331**

**Thursday 24 April 2025 | 6.30pm - 8.30pm | 10 weeks**

**Highlands College | Miriam Taylor**

**Price: £141**

This course is suitable for students who have studied Intermediate Spanish or its equivalent. This 10-week course offers an opportunity for students with a knowledge of Spanish to practice their conversation whilst also learning new grammar and vocabulary. At the end of this course, students will be able to demonstrate an advanced knowledge and verbal use of Spanish. They will be able to hold complex conversations with authentic accents. Students will explore a variety of topics.

#### Fee Concession:

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.

## OTHER

**Dipping into Drag****Q81DRA931**

**Thursday 15 May 2025 | 6.00pm - 9.00pm | 1 week**  
**Highlands/Beauty Salon | Romano Pezzali**  
**Price: £65**

This single-session workshop offers students a chance to experiment with makeup, fashion, wigs, accessories and attitude to find their drag identity. Makeup as well as some wigs, clothing, jewellery, accessories and shoes will be supplied, but students are encouraged to bring their own ideas. Please note this course is not eligible for any concessionary rates.

**Introduction to Criminology****Q81ICR311**

**Tuesday 22 April 2025 | 6.00pm - 8.00pm | 8 weeks**  
**Highlands College | Luke Billings**  
**Price: £200**

Criminology is the study of the concept of crime itself, why people commit crimes and how criminal behaviour should be handled. This course is designed to make students aware of the main theories, models and approaches used within the study of criminology. By the end of the course, students will be able to recognise and discuss the main schools of thought in regard to why people engage in deviant behaviour; interpret and analyse key terminology used in the criminal justice system and academic study of criminology.

## PRACTICAL SKILLS

**Basic Furniture Making Skills****Q81FRN131**

**Wednesday 23 April | 6.00pm - 9.00pm | 10 weeks**  
**Highlands College | Frank Ferguson**  
**Price: £373**

This course is for beginners with little-to-no previous furniture making experience. By the end of this 10-week course, students will create and finish a pine coffee table. Students will learn about the tools and materials needed to make a coffee table. They will learn the steps to make a basic coffee table including how to cut the timber to size, form joints, mortise table legs, prepare rails, fit joints, assemble the parts, sand the components and apply the finish coating. Students will take home their completed coffee tables at the end of the course. The cost of materials is included in the course. Stout footwear is required (steel-toe capped boots or other sturdy work boots).

T. 01534 608632 or 608638  
 E. [ace@highlands.ac.uk](mailto:ace@highlands.ac.uk)  
[www.acehighlandsace.com](http://www.acehighlandsace.com)

## TERMS &amp; CONDITIONS

**Eligibility**

The Adult & Community Education (ACE) programme is available to students aged 18 or over who are no longer in compulsory education. (Unless specified in the course information).

**Application Priority**

Applications for Adult & Community Education (ACE) courses are accepted on a first come, first served basis on receipt of the fees. If the wait list is sufficiently large and additional tutors and facilities are available another course may be set up, for which you will be offered a place.

**Cancellations**

A minimum enrolment number is required to recover the full costs of providing a course. If numbers of students fail to reach this minimum, we will reluctantly cancel it. Applicants are provided with a full refund or a transfer to another suitable course if one is available.

**Refunds**

Unfortunately, we only offer a refund if a course has been cancelled by Highlands College. Circumstances such as illness, work commitments or leaving the Island are not considered for refunds. Course places cannot be deferred to another term and are not transferable to another person.

**Re-enrolment**

The Adult & Community Education (ACE) curriculum offer has been designed to be inclusive and to offer progression and access to more islanders. On completion of most courses\*, a learner is encouraged and expected to apply for the next level of course within their current subject or apply for a place on a course in another subject.

If a course offers progression, students wishing to repeat the same-level course only may do so in exceptional circumstances and where there are places and no waiting lists.

These circumstances include:

- The student has identified to the tutor that they feel they have not developed the confidence or skills to progress onto the next level/course. (Agreed by tutor and Head of ACE, subject to availability after the enrolment of new applicants has been completed so that we have equality of opportunity.)
- The student has missed 40% or more of the course content due to unavoidable absence. (Agreed by tutor and Head of ACE as above.)

Learners who wish to continue with a particular social grouping and in a less formal arrangement may be offered use of the facility on a rental basis, subject to availability, in accordance with the ACE service-level agreement.

\*Re-enrolment onto non-progression courses (such as fitness and wellbeing) is on a first come, first served basis.

**Fee Concession**

If you are aged 60 or over, an automatic 20% discount is applied to your course fee on application.